

## INTERNATIONAL CREW (SAIL)

This program is for candidates with some very basic boating experience who wish to become an active and effective crew member on a recreational power or sailing yacht.

### COURSE OBJECTIVES

On successful completion candidates should have the necessary understanding and skills to:

- crew under supervision on a vessel up to a maximum length of 24 metres
- in coastal waters up to 20 miles offshore
- in daylight hours and in fair conditions with moderate wind and sea conditions

**It is the level of competence that someone needs either when acting as watch keeping crew on a yacht and/or as a skipper of a small yacht in protected waters where help is immediately available in calm conditions.**



### PROGRAM OUTLINE

**FULL COURSE COST IS \$1,750**

#### THEORY – ONLINE HOME STUDY

Candidates access and complete an 11 module Online Theory course (around 4-6 hours).

There is a multiple choice exam at the end. On passing you are issued with the **Crew (Sail) Theory Certificate**.

#### PRACTICAL SESSIONS – on Allsail's 12 metre yachts Bavaria 40S, Beneteau 39, Sydney 38

**Two full training days PLUS a Two Day Overnight Onboard finetuning and assessment weekend Usually over two weekends. Candidates also participate in up to three preparatory sessions - club cruising or race sessions (usually 3 hours) overseen by an Allsail instructor. There is also an opportunity for any follow up assessments required.**

Home Study Theory Modules are reviewed and then focus is on-water practical application including:

- Introduction to weather, Pre-departure safety briefing
- Vessel Checkout, Vessel equipment and instruments, Engine checks and maintenance
- Passage planning, Crew Responsibilities
- Leaving and returning to the berth, going to wharves
- Picking up a mooring, anchoring, rafting up safely
- Basic rules of the road – manners, customs, courtesies
- Basic sail handling, trimming, helmsmanship, rope work
- Basic sailing/ vessel handling skills – under sail and power
- Man overboard procedures – under sail and under motor, dinghy handling
- Overnight session usually included night hours navigation sail around tricky Dangar Island



Each session will be tailored to the needs of the participants – recognising that individual skill levels will vary. The desired program outcome is that the students feel confident to, safely and competently participate as crew and enjoy sailing over an extended period on a cruising yacht.

### FAST TRACK OPTION

**COURSE COST \$945**

Candidates who have reasonable sailing experience and have completed the **Australian Sailing Start Crewing** course or equivalent, may (at Allsail's discretion) be able to just complete the **Online Home Study Theory** course and exam - then attend the **Two Day Overnight Onboard weekend**.

**NEXT STEP** (after gaining the required sea time, sea miles and experience) is **the International Bareboat Skipper** course – which leads to **the International Certificate of Competence**.